



**Teatro La Madrugada** was born in Milan in 1994 under the direction of **Raúl Iaiza**. Since the beginning, the objective of its members has been that of creating an itinerary of training and self-education in the field of theatre, through the daily practice of group work and through apprenticeship with masters of the craft.

The group finds its sources of inspiration in the tradition that sees theatre as a creative possibility that is the outcome of converging efforts and continuous practice of individuals with different personalities.

Its members have developed their activities in three fields:

- the **artistic** field, through the creation and production of theatre performances, also including street and musical performances. Actors' training on singing, body rhythm, coordination, acrobatics, stilt techniques has created the ground for the development of personal work and for the creation of characters and materials for the performances which are based on subjects and questions proposed by the director.

-the **research** field, aiming at the preservation of a field of inquiry and self-pedagogy in theatre crafts. The field of creative training and singing in relation to movement is explored with a group of actors and musicians coming from Spain, Denmark, Poland and Switzerland who join *Teatro La Madrugada* actors in specific work sessions.

-theatre **pedagogy** through the creation and organisation of seminars and workshops that bring theatre into unconventional spaces. Theatre is also investigated in its social implications, as a privileged vehicle that can open possibilities for human relations beyond social standards and patterns.

From 2001 to 2004 Raúl Iaiza undertakes a period of training as assistant-director of **Eugenio Barba (Odin Teatret, Denmark)** in the performances *Salt* and *Andersen's dream*. At the same time he collaborates in several other theatre and music projects such as *Tidens Tand* (2001), *Andedrag* (2003), *Aldrenes Pragt* (2005). From 2006 he is assistant-director of Eugenio Barba in specific projects such as **Don Juan in Hell** (*Ravenna Festival, June 2006*). In 2008 he is engaged for a new Odin Teatret's production.

In 2007 **Teatro La Madrugada** starts a collaboration with **The Grotowski Institute** (Wroclaw, Poland). **The Grotowski Institute** supports and hosts the core of the research project of **Teatro La Madrugada**, called *Regula contra Regulam*.